



# Pilates Mat Application

www.LindaFit.com

[Linda@LindaFit.com](mailto:Linda@LindaFit.com)

PH # 212-969-0190

666 West End Avenue # 16 T, New York, NY 10025

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Name

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Address

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City

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Zip

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Phone

Email

## Registration and Program Dates

Deposits due 2 weeks prior to program. All deposits are completely refundable given one week notice prior to program start date. Balance of tuition due by or on start date of program. You may register for more than one program.

### Please Circle Date:

#### **Pilates Mat Certification Program: \$600**

**(Includes Basic Anatomy, Pilates Mat Level I, and Practice Teaching)**

- 1/27, 2/2-3, 2/10 Application and \$300 deposit due Jan 13.
- 3/9, 3/15-16, 3/30 Application and \$300 deposit due Feb 25.
- 4/13, 4/19-20, 5/4 Application and \$300 deposit due March 30.
- 6/1, 6/7-8, 6/29 Application and \$300 deposit due May 19.
- 7/27, 8/2-3, 8/17 Application and \$300 deposit due July 13.
- 9/14, 9/27-28, 10/5 Application and \$300 deposit due Sept 1.
- 10/26, 11/1-2, 11/16 Application and \$300 deposit due Oct 13.

#### **Basic Anatomy (Workshop Only): \$150**

- 1/27 Application and \$75 deposit due 1/13.
- 3/19 Application and \$75 deposit due 2/25.
- 4/13 Application and \$75 deposit due 3/30.
- 6/1 Application and \$75 deposit due 5/19.
- 7/27 Application and \$75 deposit due 7/13.
- 9/14 Application and \$75 deposit due 9/1.
- 10/26 Application and \$75 deposit due 10/13.

#### **LindaFit Pilates Mat Level I (Workshop Only): \$400**

- 2/2-3 Application and \$200 deposit due 1/19.
- 3/15-16 Application and \$200 deposit due 3/1.
- 4/19-20 Application and \$200 deposit due 4/5.
- 6/7-8 Application and \$200 deposit due 4/23.
- 8/2-3 Application and \$200 deposit due 7/20.
- 9/27-28 Application and \$200 deposit due 9/13.
- 11/1-2 Application and \$200 deposit due 10/19.

**Pilates Mat Training II: \$150**

- 2/24 Application and \$75 deposit due 2/10.
- 10/19 Application and \$75 deposit due 10/5.

**Pilates Mat Training III: \$150**

- 4/6 Application and \$75 deposit due 3/24.
- 11/23 Application and \$75 deposit due 11/9.

**LindaFit Mini Ball Workshop: \$75**

- 7/13 Application and \$37.50 deposit due 6/30.

**LindaFit Magic Circle Workshop: \$75**

- 5/18 Application and \$37.50 deposit due 5/4.

**LindaFit Mat Variations: \$75**

- 12/7 Application and \$37.50 deposit due 11/24.

**LindaFit Stretch Band Workshop: \$75**

- 5/31 Application and \$37.50 deposit due 5/18.

**Please answer the following questions:**

1. Please explain the extent of your Pilates training and knowledge.

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2. Do you have teaching experience of any kind? If yes, please give a brief history.

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3. What are your teaching goals in taking this certification course?

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4. Do you have any injuries that would limit you in physically participating in the course?

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5. How did you hear about our educational programs? Who referred you to us?

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6. Have you ever studied dance, gymnastics, athletics, or other movement disciplines? Please list.

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7. Upon completion of the course, would you be interested in participating in Linda's placement network?

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I understand that admittance is dependant upon appropriate background, experience, and training. I further understand that all applications must be submitted along with a deposit. Please return application directly to Linda Farrell by mailing it to the address above or handing to her in class.

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Signature

Date