

March 2009

# pilatesstyle NEWSLETTER



[Pilates Style](#) [Current Issue](#) [Subscriber Services](#) [Studio Finder](#) [Archives](#) [Contests](#) [Contact Us](#)

Welcome to the *Pilates Style* monthly newsletter.

We want to hear from you! If you have or know of a Pilates event, or want to share news with your community, email us at [newsletter@pilatesstyle.com](mailto:newsletter@pilatesstyle.com).

## calendar of events

click to find out what's going on in your area

Have you checked out *Pilates Style* ONLINE?



Now you can get your Pilates news, events and special offers anywhere in the world, without having to wait for mail delivery. **You can view the current issue of**

## In This Issue

[Calendar of Events](#)

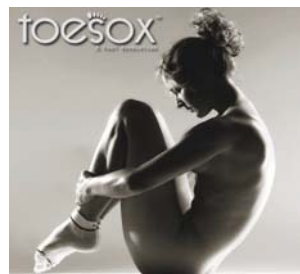
[Pilates Style Digital Edition](#)

[Savings from Toesox](#)

[Football Players get the Pilates Edge](#)

[Close-up: The Hundred](#)

[Are you ready for Pilates Day 2009?](#)



Here's a great deal for *Pilates Style* readers from our friends at **toesox**:

[Click here](#) to get two hot new toesox colors, now in 100% organic cotton!



Football stars get the Pilates edge

Joann Graser of Tensile Strength Studio shares her unique story.

**Pilates Style as soon as you activate your account.** Whether you're looking for moves, companies, or recipes, you can search the entire digital edition by keyword and find what you need fast. **It's free to print subscribers**, and as low as \$2.95 for non-subscribers. There's nothing to install or download, simply click on the link below or go to [www.PilatesStyleStore.com](http://www.PilatesStyleStore.com) and

**[start reading Pilates Style online today!](#)**

[Read More >](#)



## Close-up: The Hundred

By Linda Farrell

Check out this *Pilates Style* exclusive.

[Read More >](#)



facebook

myspace.com  
a place for friends

## Are you ready for Pilates Day 2009?

Make Pilates Day, 2009 the best one yet by attending or hosting a Pilates Day Event. Check out [www.PilatesDay.com](http://www.PilatesDay.com) to get your copy of the Pilates Day 2009 Official Event Kit from the Pilates Method Alliance, or to find Pilates Day happenings in your area.



PILATES DAY® 2009  
The Official Event Kit

MA  
Pilates Method Alliance

## ATTENTION STUDIO OWNERS

ENHANCE YOUR CURRENT BUSINESS & GENERATE  
ADDITIONAL PROFITS BY SELLING



# pilatesstyle

EFFECTIVE • SIMPLE • PROFITABLE

**GET STARTED NOW!** For complete info contact George Agoglia at 212-262-2247  
x309

or [CLICK HERE](#) to send an email to [GAgoglia@gmgpub.com](mailto:GAgoglia@gmgpub.com)