



Pilates Mat Application

Name

Address

City ST Zip

Phone Email

Registration

Deposits are due 2 weeks prior to program start and are completely refundable given one week notice prior to program start date. Balance of tuition due by or on start date of program. You may register for more than one program.

LindaFit Pilates Mat Teacher Training Program: \$1,500

\$550 Deposit due 2 weeks prior to program start. You may also pay by PayPal, cash or check.

Includes Core Anatomy, Pilates Mat Repertory and two Practice Teaching Sessions

** Please indicate which dates you want to participate in: _____

LindaFit Pilates Intermediate/Advanced Repertory (3 cec workshop) Part 1: \$125

LindaFit Pilates Intermediate/Advanced Repertory (3 cec workshop) Part 2: \$125

\$75 Deposit due 2 weeks prior to program start.

** *You need not take both workshops at once.*

LindaFit Pilates Anatomy-Special Topics (3 cec workshop): \$125

\$75 Deposit due 2 weeks prior to program start.

LindaFit Pilates Mat Variations (3 cec workshop): \$125

\$75 Deposit due 2 weeks prior to program start.

LindaFit Pilates Props (3 cec workshop): \$125

\$75 Deposit due 2 weeks prior to program start (doesn't include the cost of the prop).

- Miniball
- Stretch band
- Magic Circle
- Yoga Block

SEE LINDA FOR EXACT DATES!

Please email this form to: Linda@LindaFit.com or mail this form to:

LindaFit
130 Lenox Ave, #408
New York, NY 10026